



## Glossary of terms

### **Certified Organic**

This grower practices strict organic principals of soil enrichment and pest control and is certified by the state. They may or may not use natural fertilizers, or synthetic fungicides or pesticides allowed by the law when a natural alternative is not available. Food manufacturers only utilize certified organic ingredients following organic labeling requirements. Guidelines are available at [www.ams.usda.gov/nop/nop/standards.html](http://www.ams.usda.gov/nop/nop/standards.html).

### **Free of Synthetic Chemicals**

They may use natural fertilizers but do not use any synthetic pesticides or fungicides or added hormones. They may use the word “organic” if they sell less than \$5000 annually & follow national standards. Food or product manufacturers do not use any added synthetic chemicals or processing

### **Sustainable / Naturally Grown**

This grower practices organic principals of soil enrichment and pest control however is not certified by the state. They cannot use synthetic fertilizers or synthetic fungicides or pesticides or added hormones. They may use the word “organic” if they sell less than \$5000.00 annually and follow national organic standards.

### **Conventional**

This grower uses common agricultural practices. They may or may not use chemical or synthetic fertilizers, or synthetic fungicides or pesticides or added hormones. They may be a large or small grower.

### **Hydroponics**

This grower practices a method of agriculture using a soil less growing medium and a nutrient solution that is usually not certified organic in formulation. They may or may not use synthetic pesticides or fungicides.

*This is intended to be a guideline only and we encourage you to research the terms yourself and certainly talk to your grower and visit their farms. More information can be found at <http://www.ams.usda.gov/nop/nop/standards.html>. Thank you for supporting local agriculture and farmers markets!*