

COVID-19

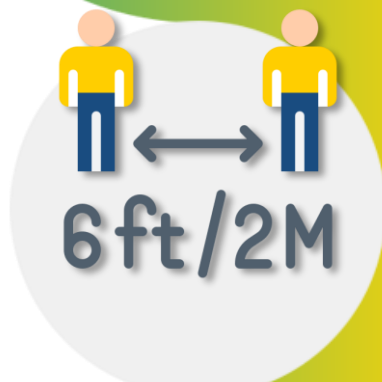
RECOMMENDED GUIDELINES FOR SAFE COMMUNITY GARDENING

Adults should wear protective mask or cover their nose and mouth in spaces with more people present



If you are sick with fever, coughing or fatigue, do not come to the garden and do not send immediate family members

Always maintain at least **6 foot** social distance from others in the garden



Communicate with other garden volunteers **via email or text messages** as much as possible to be aware of those in the garden at the same time.

Bring your own

1. Hand sanitizer
2. Disposable gloves
3. Your own water bottle



Try not to touch your face, nose, mouth or eyes until you can thoroughly wash with soap and sanitize your hands.

Bring your own Gardening tools



If you share your tools with others **sanitize them** before and after use

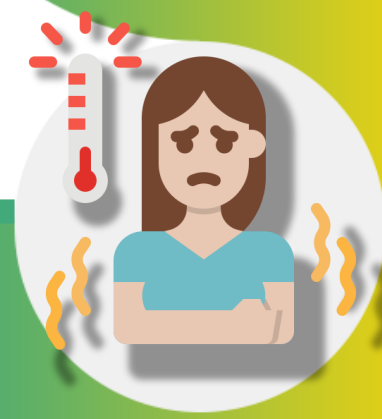
If you are handling produce harvested for donation purposes, please use **clean gloves**



Do not use shared gloves

If you become ill

Seek medical advice from your Healthcare provider and follow your doctor's advice for quarantine



Contact Garden Leadership if you need assistance for any garden responsibilities

For more information

- Harris County: [https://www.readyharris.org/ Stay-Home](https://www.readyharris.org/Stay-Home)
- CDC: [https://www.cdc.gov/ coronavirus/2019-ncov/index .html](https://www.cdc.gov/coronavirus/2019-ncov/index.html)
- Safe Gardening Guidelines <https://tinyurl.com/gardensafe>

