

SPRING PLANTING GUIDE

Dr. Bob Randall has revised his planting guidelines to reflect climate change and the increase in temperatures. The chart below reflects these changes in Central Houston.

NOTE: Recommendations based on the temperature needs of plants and 2007-2017 temperature data. For all other zones see Year-Round Food Gardening for Houston and Southeast Texas, pp. 183-195. Reprinted by Permission © R. Randall 2019

KEY

(*) Best time to plant (x) Will be successful some years (T) Best time to start a transplant in a pot at proper temperatures
(t) Transplant will probably work some years

Vegetable /Planting Type	MAR		APR		MAY	
Amaranth	*				*	*
Artichoke, globe/plant	*	*				
Arugula/seed	*	*			X	X
Basil/Transplant		*			*	*
Basil/seed, plant		*	*	*		
Bean, adzuki/seed					X	X
Bean, mung/seed					*	*
Bean, edamame/seed	*	*	X	X		
Bean, lima/seed	*	*				
Bean, snap string/seed	X	*				
Bean, yard long/seed		X	*	*	*	*
Bittermelon/seed	*	*			*	*
Bok choy/transplant, plant, seed	*	*				
Buckwheat/seed					*	*
Cantaloupe/transplant, plant	*	*	X	X		
Chayote/fruit	*	*				
Cilantro/seed, transplant	*					
Corn/sprout, seed						
Cranberry hibiscus/seed, plant					*	*
Cucumber/seed		*	*	*	*	*
Culantro/plant or seed					*	*
Cumin/seed					*	*
Eggplant/plant	*			*		
Epazote/seed, plant		*			*	*
Ginger/galangal/root, plant					*	*
Ground cherry/seed	*				*	*
Jerusalem artichoke						
Kangkong/seed					*	*
Lemongrass/plant					*	*
Luffa/seed, plant, sprout					*	*
Malabar spinach/seed, plant						*
Millet, proso/seed	*				*	*
Mint/plant						
New Zealand Spinach/seed, plant					*	*
Okra/seed, transplant, plant	*			*		
Oregano, all/plant		*	X	X		
Oregano, Cuban/plant					*	*
Oregano, Euro/plant					X	X
Pea, pigeon/seed	X				*	*
Pea, southern/seed		X	*	*	*	*
Peanut/seed	*	*	*		*	*
Pepper, all/transplant, protected plant	*	X				
Pepper, all/transplant, plant		X	X			
Peppercorn, black/plant					*	*
Pumpkin, (Moschata)/transplant, seed		T	X	*		
Rice/plant, seed					*	*
Roselle, Jamaica/seed, transplant, plant					*	*
Sesame/seed						
Snake gourd, Lao/seed					*	*
Sorghum, grain/seed				*	*	*
Squash/transplant, seed, sprout, plant		T	X	*		
Sunflower, seed					X	X
Sweet potato/plant, transplant					T	T,*
Tindora(Ivy Gourd) /plant					*	*
Tomatillo/transplant, seed, plant			*			
Tomatoes/transplant	*					
Watermelon/transplant, seed, plant	*	*				
Watercress/ plant, seed				*		
Watermelon/ transplant, seed, plant		*				
Yacon/tuber	*					

Sunday Supper at Tony's

Our popular farm-to-table dinner is back! Join Urban Harvest and Tony's chef Austin Waiter as we celebrate the bounty of the season's harvest and cultivate thriving communities. Proceeds benefit Urban Harvest programs.

Sunday, May 3

5:00 PM to 8:00 PM

Tickets on sale March 2

www.urbanharvest.org/events

Calling all Volunteers

Garden with us at these upcoming volunteer events. All ages and abilities welcome.

Saturday, March 7 | 9:00 am - 12:00pm
Gardens throughout Houston

Saturday, April 25 | 9:00 am - 12:00 pm
Buffalo Creek Elementary School

Saturday, April 25 | 9:00 am - 12:00 pm
Blackshear Elementary School

Saturday, April 11 | 9:00 am - 12:00 pm
Gregory-Lincoln Education Center

Saturday, May 9 | 9:00 am - 12:00 pm
Gregory-Lincoln Education Center

<https://www.urbanharvest.org/help-us-grow/>

Urban Harvest cultivates thriving communities through gardening and access to healthy, local food. Learn more at www.urbanharvest.org.



Urban Harvest