



FALL PLANTING GUIDE

CROP	SEPT	OCT	NOV	CROP	SEPT	OCT	NOV
AMARANTH/ SEED	☘ ☘			KALE, CURLY/PLANT, TRANSPLANT, SEED			☘ ☘ ☘
ARTICHOKE, GLOBE/TRANSPLANT		☘ ☘	☘ ☘	KALE, RUSSIAN/PLANT, TRANSPLANT, SEED		☘	
ARUGULA, GARDEN/SEED			☘ ☘	KOHLRABI/PLANT, TRANSPLANT, SEED		☘	
ARUGULA, SYLVETTA/SEED	☘	☘ ☘	☘ ☘	LEEK/SEED	☘ ☘		
BEAN, BROAD (FAVA)/SEED				LEEK/SET		☘	☘ ☘
BEAN, HYACINTH/SEED			☘	LEMON BALM/SEED, PLANT			☘
BEAN, SNAP STRING/SEED			☘	LENTIL/SEED		☘	☘ ☘
BEET/SEED			☘ ☘ ☘	LETTUCE/SEED		☘	☘ ☘
BOK CHOY/TRANSPLANT, PLANT, SEED	☘		☘	MINT/PLANT		☘	☘ ☘ ☘
BROCCOLI/SEED	☘ ☘			MIZUNA/SEED		☘	☘ ☘
BROCCOLI/PLANT			☘	MUSTARD/SEED		☘	☘
BUCKWHEAT/SEED	☘	☘	☘	MUSTARD, TENDERGREEN/SEED			☘
CABBAGE/TRANSPLANT		☘		NAPA CABBAGE/TRANSPLANT, SEED, PLANT		☘	☘
CABBAGE/PLANT, SEED			☘	OATS, RED/SEED			☘ ☘
CARROT/SEED		☘	☘ ☘	ONION, BULB SHORTDAY/SET	☘		☘ ☘
CAULIFLOWER/SEED	☘ ☘			ONION, MULTIPLYING/SET		☘	☘ ☘
CAULIFLOWER/PLANT			☘	OREGANO, GREEK & ITAL/PLANT	☘ ☘	☘	☘
CELERY, HERB & STALK/SEED			☘	PARSLEY/SEED, TRANSPLANT, PLANT		☘	
CELTUCE/SEED, PLANT			☘	PARSNIP/SEED		☘	☘
CHARD/TRANSPLANT, SEED		☘	☘ ☘	PEA, SNAP/POD, SHELL/SEED			☘
CHEVIL/TRANSPLANT, SEED			☘ ☘	PEPPER, SWEET/CHILE/ TRANSPLANT			☘ ☘
CHIVES, GARLIC/ONION/SEED, PLANT		☘	☘ ☘	RADISH, DAIKON, SALAD/SEED			☘ ☘
CILANTRO/SEED, TRANSPLANT		☘	☘ ☘	ROMANESCO, SEED	☘ ☘		
CLAYTONIA (WINTER SALAD GREEN)/SEED		☘		ROMANESCO/TRANSPLANT, PLANT		☘	
COLLARDS/SEED, TRANSPLANT, PLANT			☘ ☘	ROSEMARY/PLANT		☘	☘ ☘
CUCUMBER/SEED	☘			RUTABAG/ SEED		☘	☘ ☘
DILL/SEED		☘		SALSIFY & SCORZONERA/SEED		☘	☘ ☘
ENDIVE/SEED, TRANSPLANT			☘ ☘	SHUNGIKU (TONG HO)/SEED		☘	☘
EPAZOTE/SEED, PLANT	☘ ☘			SORREL, FRENCH/PLANT, SEED, TRANSPLANT			☘ ☘
FENNEL, FLORENCE/SEED		☘		STRAWBERRY/PLANT			☘
GAILAN, CHINES BROCCOLI/TRANSPLANT, SEED			☘ ☘	TOMATO/CHERRY/PLANT	☘		
GARLIC/CLOVE			☘ ☘	TURNIP/SEED			☘ ☘
HORSERADISH/ROOT			☘ ☘	WHEAT/SEED			☘

KEY ☘ Best time to plant ☘ Will be successful some years ☘ Best time to start a transplant in a pot at proper temperatures

Dr. Bob Randall has revised his planting guidelines to reflect climate change and increase in temperatures. The chart above reflects these changes in Central Houston. Note: Recommendations based on the temperature needs of plants and 2007-2017 temperature data. For all other zones see Year-Round Food Gardening for Houston and Southeast Texas, pp. 183-195. Reprinted by Permission © R. Randall 2019. Available for purchase. Contact our office for more information.



DIG IN THIS FALL

We are committed to serving our community with safe, socially distant programming and healthy food access.

Drive thru options now available

Saturday Farmers Market

Every Saturday, 8am to Noon — 2752 Buffalo Speedway

Buy One, Give One: Buy "Grow Kits" in September, complete with how-to videos, soil, plant starts, and seeds. A perfect family activity to start gardening with engaging activities for kids. When you purchase, consider giving one to a family in need.

Northeast Community Farmers Market

Now at LBJ Hospital Community Farm

1st and 3rd Saturdays, 9am to 11am — 5425 Troost Street

Healthy Food in a SNAP: You can cook fresh, healthy recipes from the market on a budget. Visit our website: <https://www.urbanharvest.org/recipes>

Get to Know Your Community: If you are looking to connect with your community, Urban Harvest is offering safe socially-distant volunteer opportunities. Visit the Urban Harvest Volunteer page to learn how to become involved with a garden near you: www.urbanharvest.org/help-us-grow

GROW RESILIENCE WITH URBAN HARVEST

Urban Harvest relies on the generous support of people like you to maintain our programming during this time. Please consider a donation today to make our work possible. www.urbanharvest.org/donate
Support our mission today.

Stay up-to-date on what's growing!

Visit our website and sign up for our e-newsletter. www.urbanharvest.org



SAVE THE DATE
September 17
 Young Professionals Event
November 8
 Sunday Supper



SEASONAL PLANTING GUIDE 2020 FALL

STRAWBERRIES

2020 FALL CLASSES

Visit www.urbanharvest.org/education to register.
Virtual Garden Education via Zoom Web Live Classes

SEPTEMBER

Thurs. Sept. 10, 5:00pm – 6:00pm

Hydroponic Gardening presented by
Jeremy Peaches of Fresh Life Organics

Sat. Sept. 12, 9:30am – 12:00pm

Basic Organic Vegetable Gardening

Sat. Sept. 19, 10:00am – 12:30pm

Starting a School or Community Garden

OCTOBER

Sat. Oct. 10, 9:30am – 12:00pm

Basic Fruit Tree Care and Planting

Sat. Oct. 10, 9:00am – 12:00pm

Edible Academy: Fall Gardening and Nutrition

Teacher Workshop; 3 CPE credit hours

NOVEMBER/DECEMBER

Saturday, November 7, 9:30am – 11:30am

Edible Landscapes

Saturday November 14, 10:00am – 12:30pm

Starting a School or Community Garden

Saturday December 5, 9:30am – 11:30am

Insectary Gardens: Nature's Pest Control

TUNE IN TO FACEBOOK AND INSTAGRAM

Tuesdays and Thursdays for videos with gardening advice,

"Sprouting Up" kids content, and chef tips

YOUTUBE CHANNEL

Visit Urban Harvest Houston on YouTube for more videos.

BUILD YOUR GARDEN NETWORK

Join us every month for a live Q&A and connect with other gardeners on topics to build your community in today's landscape.

Every 2nd Wednesday 5:00-6:00pm

Sept 9th, Oct 14th, Nov 11th, Dec 9th

Urban Harvest School Gardening Guide

FREE digital copy is available for download on our website. Educators, teachers, parents and more can learn how to engage children in the wonders of gardening, gaining life lessons through experiential learning.

FALL IS THE TIME FOR PLANTING ONIONS & GARLIC



CAROL BURTON
DIRECTOR OF GARDEN EDUCATION

The common onion is scientifically known as *allium cepa* and include shallots, potato onions, tree onions, bunching onions, chives, garlic chives, leeks, and garlic.

Onions are the third most popular vegetable in the American diet. Below, I outline the most critical tips for when and how to grow onions and garlic for the Houston area!

Happy gardening and share your success with us with #20for2020.

WHEN TO GROW THEM?

Multiplying onions: easy to grow in all but the hottest parts of the year. Multiplying onion sets are planted in September.

Bulbing onions: plant onion bulbs (minature onions) in November. They take six months to mature so this means a March/April harvest. Bulbs expand during short days. Heat & long days cause them to stop growing.

Garlic: plant garlic cloves in November.

HOW TO GROW THEM?

Multiplying onions: separate sets and plant 4-6 inches apart leaving white part slightly exposed (no more than 1 inch) above the ground. Within 2-4 weeks, sets will begin producing "shoots" (long green stems), Each has the potential to produce a bulb the same size as the one that you planted. You can harvest multiplying onions every 8-12 weeks, re-planting the largest set (or two) each time.

Onion sets/bulbs: buy from local feed and garden stores or catalogs (choose Southern varieties). Plant in 1" holes with tops below soil. Add rock phosphate to hole to improve growth. Young shoots can be harvested in early spring to add flavor to salads. Allow onion "seeds" to grow until they are small to medium bulbs that are popping up out of the soil before digging up (approximately six months or by the end of April).

Garlic Cloves: buy seed garlic cloves from a local nursery. Seed garlic is ready to break dormancy; use larger outer cloves and plant the same as bulbing onions. Or use organic garlic from a grocery store, in August, store in refrigerator for two months, then plant in November.

TO LEARN MORE ABOUT OUR
20 VEGGIES TO PLANT IN 2020
visit www.urbanharvest.org/20for2020

Visit us online for gardening advice and more at www.urbanharvest.org

Sign up on our website for our e-newsletter with fresh and local news.

Contact us at 713.880.5540 Monday through Friday from 9am – 5pm.