



SEASONAL
PLANTING
GUIDE
2021 WINTER

LEMONS

WHEN LIFE GIVES YOU LEMONS

Stories of Resilience

As 2021 comes to close, I feel inspired to spend time in reflection. It would be so easy to lose hope after everything our world, our city, our neighborhoods have been through, yet time and again I watch our community rise to the occasion and push onward. After a year of being handed proverbial lemons, it's incredible to watch Houston persevere with such grit and grace in its quest to turn those lemons into lemonade. I hope you'll join me in finding a renewed energy in the coming year through these incredible people that Urban Harvest is so honored to know and support.

After a tough 2020, 2021 brought a once-in-a-lifetime freeze that all but decimated so many of the hardworking farmers that supply our markets and communities. I am encouraged by amazing people like Herschel Hobson of Berry Best, the team at Verdegreens, and Sarah Wilson of 3 Sisters. They each faced unique challenges in their operations and horrendous losses but they regrouped, replanted, waited with a kind of focused tenacity.



I am inspired by the work of our Mobile Market, engaging and supporting a community of shoppers who come out each week. People like Julia, a retired nurse on a fixed income who was diagnosed with diabetes in early 2021. Knowing that a healthy diet was the key to healing, she applied to SNAP (formerly food stamps) three times before finally being approved. She's now a regular at our Mobile Market where she participates in our SNAP incentive

program, Double Up Houston, to get 50% off fresh, local produce.

Watching community gardens continue to prosper reminds me that we are all better when we work as a team. Kay runs an affiliate garden and through our seasonal Hub distribution was able to secure and grow a bounty of fresh brassicas to share with her community and other gardens! She's met other gardeners and volunteers through Urban Harvest and forged lifelong connections.

In tough moments, we often only see a pile of lemons sitting before us. And lemons, my friends, will always make lemonade. Your gifts to Urban Harvest support the programs that keep our city thriving, families healthy and gardens growing.

With thankfulness and gratitude,
Janna Roberson, M.Ed.
Executive Director, Urban Harvest Inc.



P.S. Let's make something sweet; consider making a year-end gift at this time.



WINTER PLANTING GUIDE

CROP	DEC	JAN	FEB	CROP	DEC	JAN	FEB
ARTICHOKE, GLOBE/PLANT			☼ ☼	LEMON BALM/SEED, PLANT			☼
ARUGULA, ALL TYPES/SEED	☼ ☼	☼ ☼	☼ ☼	LETTUCE/SEED	☼ ☼		
BEAN, ADZUKI/SEED			☼	MACHE (CORN SALAD)/ SEED	☼	☼	
BEAN, GARBANZO/SEED			☼	MINT/PLANT			☼ ☼
BEAN, HYACINTH/SEED			☼	MIZUNA/SEED ROW COVER		☼	
BEAN, RUNNER/SEED			☼	MUSTARD/SEED		☼	
BEAN, SNAP STRING/SEED				NAPA CABBAGE/TRANSPLANT, SEED, PLANT		☼	
BEEF/SEED	☼ ☼	☼ ☼	☼ ☼	NASTURTIUM/PLANT, SEED		☼	
BOK CHOY/TRANSPLANT, PLANT, SEED			☼ ☼	ONION, BULB/TRANSPLANT	☼	☼	
BROCCOLI/PLANT	☼		☼	ONION, MULTIPLYING/SET		☼	
CABBAGE/TRANSPLANT	☼			OREGANO, GREEK & ITALIAN/PLANT			☼ ☼
CABBAGE/PLANT,SEED			☼ ☼	PAPALO/WINGED SEED			☼
CANTALOUPE/TRANSPLANT, PLANT			☼ ☼	PEA, SNAP, POD, SHELL/SEED	☼ ☼	☼	
CARROT/SEED	☼ ☼	☼ ☼	☼ ☼	PEA, SOUTHERN/SEED			☼ ☼
CAULIFLOWER, SEED	☼			PEPPER, ALL/ TRANSPLANT, PROTECT PLANT		☼	☼
CAULIFLOWER, ASIAN/TRANSPLANT, PLANT		☼	☼	PEPPER,SWEET/CHILE/TRANSPLANT	☼ ☼	☼	
CELTUCE/SEED,PLANT			☼	POTATO/POTATO SPROUT		☼	☼
CHARD/TRANSPLANT,SEED		☼ ☼		RADISH, ALL, DAIKON, SALAD/SEED	☼ ☼	☼ ☼	
CILANTRO (CORIANDER)/SEED, TRANSPLANT			☼ ☼	RUTABAGA/SEED	☼ ☼	☼ ☼	
CLAYTONIA/ SEED			☼	SORREL, FRENCH/PLANT, TRANSPLANT, SEED	☼ ☼	☼ ☼	☼ ☼
CORN			☼	SPINACH/SEED	☼ ☼	☼	☼
CRESS, GARDEN/SEED		☼		TENDERGREENS/SEED		☼	
EGGPLANT/PLANT		☼ ☼	☼	TOMATILLO/TRANSPLANT,PLANT			☼
ENDIVE/SEED, TRANSPLANT		☼ ☼		TOMATO, <80DAY/ TRANSPLANT, PLANT		☼	☼
FENNEL, FLORENCE/SEED			☼	TURNIP/ SEED, RWCV	☼	☼	
GARLIC/ CLOVE	☼ ☼			WATERMELON/TRANSPLANT,SEED,PLANT			☼
KALE, CURLY/ PLANT, TRANSPLANT, SEED	☼ ☼						

KEY ☼ Best time to plant ☼ Will be successful some years ☼ Best time to start a transplant in a pot at proper temperatures

Dr. Bob Randall has revised his planting guidelines to reflect climate change and increase in temperatures. The chart above reflects these changes in Central Houston. For all other zones see Year-Round Food Gardening for Houston and Southeast Texas. Reprinted by Permission © R. Randall 2019. Available for purchase. Contact our office for more information.

CALENDAR OF EVENTS

PERMACULTURE

Learn to utilize the natural landscape to create abundance and efficiency.

Sustainable Living Through Permaculture

Start your journey with our 2 prerequisites. Saturdays, January 23 & 30; 1:00pm – 5:00pm

Designing Our Green Homes and

Communities

Discover how to make your home and community more efficient.

Sundays, February 6 – March 20
1:00pm – 5:00pm

Restoring Nature

Explore restoration and its implications for sustaining our planet.

Sundays, March 27-April 24; 1:00pm – 5:00pm

Designing Bountiful Gardens, Fall 2022

Integrate your garden into your home by exploring water, climate, soil, and ecology.

GROWING ORGANIC VEGETABLES SERIES

Become an organic gardening expert!

Join us every other Thursday starting in January to learn from experts in the field.

Thursdays, January 13 - May 19

6:30pm- 9pm

Zoom

DECEMBER

Cultivated Cocktails Holiday Party

See Events Page for Details
Wednesday, December 8; 6pm – 8:00pm

Basic Fruit Tree Care for Winter

Saturday, December 11; 9:30pm – 11:30pm
Zoom

JANUARY

Fruit Tree Training & Pruning Class Series

Saturdays, January 8, 15, 22; 10:00am – 12:30pm
Zoom and In-person

Wild Winter Foraging with Dr. Merriwether of Texas Foraging

Monday, January 24; 7:00pm – 8:00pm

Zoom

Winter Gardening With Meg Tapp

Wednesday, January 26; 5pm – 6pm
Zoom

FEBRUARY

Spring Gardening

Wednesday, February 2; 7:00pm – 8:00pm

Dig It Day! Volunteer Event

Saturday, February 12; 9:00am – noon
Gregory Lincoln Education Center

Cultural Traditions: Urban Gardening and African American Foodways

Saturday, February 12; 9:00am – 11:00am
In-person

Growing Fruit Trees In Small Spaces

Saturday, February 12; 9:30am – 11:30am
Zoom

Cultural Traditions: Historic Lands, Then and Now Planting

Thursday, February 17; 6:00pm – 7:00pm
Zoom

MARCH

Garden Tours

5:00pm - 6:00pm

Presentation

6:00pm - 7:00 pm

Landscape Design for Edible Gardens by Beth Clark

Wednesday, March 9; 6:00pm – 7:00pm
In-person

FARMERS MARKETS

MOBILE MARKET

Visit our website for locations
www.urbanharvest.org

NORTHEAST COMMUNITY FARMERS MARKET

LBJ Hospital Community Farm

1st and 3rd Saturdays, 9am to Noon
5425 Troost Street

URBAN HARVEST FARMERS MARKET

Every Saturday, 8am to Noon
2752 Buffalo Speedway

Winter Festival, December 11

Family games and activities, Chef's Corner, Fruit Tree Care and Education, Free Trees provided by Trees for Houston

Sweetheart Day, February 12

Gift buying guide, Kids crafts, and Chef's Corner

VISIT URBANHARVEST.ORG FOR FUTURE EVENTS AND PLANTING TIPS



WINTER FESTIVAL

December 11th from 8am – Noon

Mark your calendar and join us for family games and activities, Chef's Corner, Fruit Tree Care and Education. Free Trees provided by Trees for Houston.

2022 FRUIT TREE SALE SATURDAY, FEBRUARY 19

Pre-Order Only

In partnership with Trees for Houston